

CHILD GUIDANCE CLINIC

INTRODUCTION

- The first child guidance clinic was started in Chicago in 1909.

OBJECTIVE:

- To prevent children from the possibility of becoming neurotics in later life.

TEAM

- ◉ A psychiatrist
- ◉ Clinical psychologist
- ◉ Educational psychologist
- ◉ Psychiatric social workers
- ◉ Public health nurses
- ◉ Paediatrician
- ◉ Speech therapist
- ◉ Occupational therapist and
- ◉ A neurologist

ASSESSMENT AND TREATMENT OFFERED FOR:

- Behavioural problems. Eg: lying, stealing, aggressiveness, destructiveness, disobedience, over activity.
- Learning disabilities
- Emotional problem. Eg: depression, school refusal, fears.
- Adjustment reactions. Eg: school related problem, grief.
- Development disorders. Eg: Autism, bedwetting, soiling.

CONTD...

- ◉ Intellectual deficit
- ◉ Psychosomatic disorders
- ◉ Relationship (including parent-child, sibling and marital) problem.
- ◉ Socio-legal issues and problem. Eg: child custody assessment, sexual offences, child abuse and head injuries.
- ◉ Others. Eg: eating and sleep disorders, sexual problems in adolescence, tics (movement disorder) and stress reaction.

TREATMENT

- The paediatrician takes care of the physical health of the child.
- The core therapy is psychotherapy in order to restore positive feelings of security in the child.
- Treatment methods are:
 - > Medical Treatment
 - > Individual Psychotherapy
 - > Family and Marital therapy
 - > Behavioural / cognitive therapy
 - > Occupational therapy
 - > Group therapy
 - > Play therapy
 - > Social case work

CHILD TO CHILD PROGRAM

INTRODUCTION

- ◉ Child to child programme is based on the concept that children in schools and family members need to be considered as partners in spreading health messages as well as benefitting from them.

GROUP:

- ◉ Includes children belonging to either formal or non formal system of education or any group that is easy to assemble and feasible to follow-up.

ACTIVITIES

- ◉ Demonstrations
- ◉ Role-plays
- ◉ Songs
- ◉ Health games
- ◉ Drawings
- ◉ Crafts etc.

Each child is then asked to spread the health message.

CHILDHOOD CARE AND DEVELOPMENT

- Health workers and educators in India have long been receptive to the ideas inherent in the child to child approach.
- The concern of the program is :
To promote preventive health care for children and o encourage activity-based approaches to learn and support the goal to design more effective health and educational services throughout India.

SCHOOL ACTIVITIES REGARDING CHILD TO CHILD PROGRAMME

- The teachers give training to the elder children in the classrooms. They are asked to teach what they have learned to others.
- Thus, other students of the same school, students of other schools and the nearby community are educated by these little children.

SCHOOL ACTIVITY TOPICS

- Prevention of accidents
- Burns
- Good toilet habits
- Environmental cleanliness
- Skin diseases and personal hygiene
- Good eating habits
- Care of the eyes
- Care of the tooth
- Prevention of infectious, contagious and deficiency diseases
- Prevention of anemia
- Prevention of diarrhoea
- TB
- Malaria
- Care of the sick child
- Balanced diet
- Immunization
- Growth monitoring

GOALS OF TRAINING WORKSHOPS

- To provide teachers with guidance and support and to discuss problems encountered in implementing the activity oriented approach through teaching and learning.

- ◎ **As a supplement to this program**, 14 schools have participated in an Early childhood Education (ECE) Project.
- ◎ The ECE program targets 4 and 5 year old children in the 2 years before they enter primary school.
- ◎ The program attempts to prepare children for primary school entrance.
- ◎ The first graduates of the program are now in Standard 1.
- ◎ Primary teachers are being assisted in maintaining the same activity oriented approaches used in ECE program as the children move up through the primary school.

CONTD...

- Walls are decorated with posters, drawings, or charts showing the results of health survey and school compounds and toilets are clean.
- Classroom observations reveal a lively interchange of questions and answers between teachers and pupils.
- One of the important modality to achieve health is by educating the masses.
- This needs to be done irrespective of age, gender, religion, economic and social barriers.

CONTD...

- Child to child program has now become an International programme and the concept is now extended for to be called as child to community programme.
- Thus, when child becomes a teacher for spreading health messages, it encourages children of school-age to concern themselves with health, welfare and development of their younger preschool brothers and sisters, neighbours, and their families etc. and the community at large is benefitted from these activities.

THANK YOU